WHAT IS THE SIX-MONTH TERMINAL PROGNOSIS? To be eligible for the hospice benefit, the patient must be considered to be terminally ill. Terminally ill means that the patient's life expectancy is 6 months or less, if the illness runs its normal course.

As a condition of payment under the Medicare hospice benefit, the sixmonth terminal prognosis must be supported in the medical record. The physician's clinical judgment must be supported by clinical information and other documentation that provides a basis for the six-month prognosis. Diagnosis alone may not support terminal prognosis; therefore, documentation in the medical record must support the terminal status.

DISEASE SPECIFIC GUIDELINES

Patients will be considered to be in the terminal stage of liver disease (life expectancy of six months or less) if they meet the following criteria. (1 and 2 should be present; factors from 3 will lend supporting documentation.):

NOTE: These guidelines are to be used in conjunction with the "Non-disease specific baseline guidelines" described in Part II of the basic policy.

- 1. The patient should show both a and b:
 - a. Prothrombin time prolonged more than 5 seconds over control, or International Normalized Ratio (INR) >1.5;
 - b. Serum albumin <2.5 gm/dl
- 2. End stage liver disease is present and the patient shows at least one of the following:
 - a. Ascites, refractory to treatment or patient non-compliant;
 - b. Spontaneous bacterial peritonitis;
 - c. Hepatorenal syndrome (elevated creatinine and BUN with oliguria);
 - d. Hepatic encephalopathy, refractory to treatment, or patient non-compliant;
 - e. Recurrent variceal bleeding, despite intensive therapy.
- 3. Documentation of the following factors will support eligibility for hospice care:
 - a. Progressive malnutrition;
 - b. Muscle wasting with reduced strength and endurance;
 - c. Continued active alcoholism (>80 gm ethanol/day);
 - d. Hepatocellular carcinoma;
 - e. HBsAg (Hepatitis B) positivity;
 - f. Hepatitis C refractory to interferon treatment.

Patients awaiting liver transplant who otherwise fit the above criteria may be certified for the Medicare hospice benefit, but if a donor organ is procured, the patient should be discharged from hospice.

PART II. NON-DISEASE SPECIFIC BASELINE GUIDELINES (BOTH OF THESE SHOULD BE MET)

- Physiologic impairment of functional status as demonstrated by: Karnofsky Performance Status (KPS) or Palliative Performance Score (PPS) <70%.
- 2. Dependence on assistance for **two or more** activities of daily living (ADLs)
 - a. Feeding

- c. Continence
- e. Bathing

- b. Ambulation
- d. Transfer

f. Dressing





HOSPICE TERMINAL PROGNOSIS

Liver Disease

PART III. CO-MORBIDITIES

Although not the primary hospice diagnosis, the presence of disease such as the following, the severity of which is likely to contribute to a life expectancy of six months or less, should be considered in determining hospice eligibility.

- a. Chronic obstructive pulmonary disease
- b. Congestive heart failure
- c. Ischemic heart disease
- d. Diabetes mellitus
- e. Neurologic disease (CVA, ALS, MS, Parkinson's)

- f. Renal failure
- g. Liver Disease
- h. Neoplasia
- i. Acquired immune deficiency syndrome
- j. Dementia

WHERE DO I FIND MORE INFORMATION?

- Medicare Benefit Policy Manual (CMS Pub. 100-02), Ch. 9 https://www.cms.gov/Regulations-and-Guidance/Guidance/Manuals/Downloads/bp102c09.pdf
- Local Coverage Determination (LCD) L34538, "Hospice Determining Terminal Status": https://www.cgsmedicare.com/hhh/coverage/index.html